

Physical Education

Rosedale Primary School

Curriculum Intent

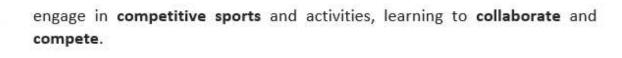
Rosedale's Physical Education curriculum aims to equip pupils so that they will:



apply and develop a broad range of skills, learning how to use them in different ways in order to evaluate and recognise their own successes in a range of physical activities.



be physically active for sustained periods of time.





create positive relationships with physical activity for life.

Long-Term Overview

	Autumn I	Autumn 2	Spring I	Spring 2	Summer I	Summer 2
EYFS	Fundamental Movement Skills (U1)	Ball skills (U1)	Gymnastics	Dance	Ball skills (U2)	Athletics
Year I	Fundamental Movement Skills (U1)	Ball skills	Target Games	Invasion Games	Strike/Field	Net/Wall
	Problem solving and team building	Dance	Gymnastics (UI)	Gymnastics (U2)	Fundamental movement skills (U2)	Athletics
Year 2	Fundamental Movement Skills (U1)	Ball skills	Target Games	Invasion Games	Strike/Field	Fundamental Movement Skills (U2)
	Problem solving and team building	Dance	Gymnastics (UI)	Gymnastics (U2)	Fundamental movement skills (U2)	Athletics
Year 3	OAA	Gymnastics (UI)	Dance	Gymnastics (U2)	Tennis	Volleyball
	Health & Fitness	Yoga	Invasion Games – Basketball	Invasion Games – Tag Rugby	Rounders	Athletics
Year 4	OAA	Dodgeball	Gymnastics (U1)	Gymnastics (U2)	Volleyball	Athletics
	Invasion Games - Netball	Dance	Health & Fitness	Invasion Games – Football	Rounders	Cricket
Year 5	OAA	Dance	Gymnastics (U1)	Gymnastics (U2)	Tennis	Volleyball
	Invasion Games – Netball	Yoga	Health & Fitness	Invasion Games – Tag Rugby	Rounders	Athletics
Year 6	Swimming	Swimming	Gymnastics (U1)	Gymnastics (U2)	Volleyball	Athletics
	Invasion Games - Basketball	Dodgeball	Health & Fitness	Invasion Games - Football	Rounders	Cricket