



Rosedale
Primary School

Physical Education

Curriculum Intent

Rosedale's Physical Education curriculum aims to equip pupils so that they will:



apply and **develop** a broad **range of skills**, learning how to use them in different ways in order to **evaluate and recognise** their own **successes** in a **range of physical activities**.



be **physically active** for sustained periods of time.



engage in **competitive sports** and activities, learning to **collaborate** and **compete**.



create **positive relationships** with **physical activity for life**.

Long-Term Overview

	Autumn 1	Autumn 2	Spring 1	Spring 2	Summer 1	Summer 2
EYFS	Fundamental Movement Skills (U1)	Ball skills (U1)	Gymnastics	Dance	Ball skills (U2)	Athletics
Year 1	Fundamental Movement Skills (U1)	Ball skills	Target Games	Invasion Games	Strike/Field	Net/Wall
	Problem solving and team building	Dance	Gymnastics (U1)	Gymnastics (U2)	Fundamental movement skills (U2)	Athletics
Year 2	Fundamental Movement Skills (U1)	Ball skills	Target Games	Invasion Games	Strike/Field	Fundamental Movement Skills (U2)
	Problem solving and team building	Dance	Gymnastics (U1)	Gymnastics (U2)	Fundamental movement skills (U2)	Athletics
Year 3	OAA	Gymnastics (U1)	Dance	Gymnastics (U2)	Tennis	Volleyball
	Health & Fitness	Yoga	Invasion Games – Basketball	Invasion Games – Tag Rugby	Rounders	Athletics
Year 4	OAA	Dodgeball	Gymnastics (U1)	Gymnastics (U2)	Volleyball	Athletics
	Invasion Games - Netball	Dance	Health & Fitness	Invasion Games – Football	Rounders	Cricket
Year 5	OAA	Dance	Gymnastics (U1)	Gymnastics (U2)	Tennis	Volleyball
	Invasion Games – Netball	Yoga	Health & Fitness	Invasion Games – Tag Rugby	Rounders	Athletics
Year 6	Swimming	Swimming	Gymnastics (U1)	Gymnastics (U2)	Volleyball	Athletics
	Invasion Games - Basketball	Dodgeball	Health & Fitness	Invasion Games - Football	Rounders	Cricket